9-12 practice update

Dear families,

As you may have noticed, 9-12 morning practices have been a little crowded the past two weeks! After working carefully with Sarah Virginia Scott, she was able to reserve an extra lane for swim team on Wednesday and Friday mornings, but we are still experiencing practice groups of 35-40 swimmers over 5-6 lanes.

While we usually ask that you prioritize morning practices when it is cooler, there is more lane space, and a lower chance of bad weather, with this practice group please feel free to attend afternoon practices as your child's main workout if they would like a less crowded lane. This is a hard balance to land as attendance fluctuates week to week, but if afternoons work better for you please consider making the switch to free up space in the morning group! Swimmers are still welcome to attend both practices if they would like, and we have found ways over the past two weeks to make practices more effective even with 7-8 swimmers per lane.

There is no need to notify me if you are planning to attend morning vs afternoon, and you are welcome to switch by the day. Additionally, we are adding another 15 minutes of optional starts and turns in the afternoon from 5:00-5:15 while the senior group warms up so that our afternoon swimmers aren't missing out.

Thank you for your patience and flexibility!