

Important Information:

- Team website: <https://www.swimbhsc.com/> , please see the registration page for all needed forms.
- The practice schedule is available on the team website.

Important Dates:

- Monday, May 23rd: Start of Season, boars head pool deck
- Friday, June 10th: JSL swimmer registration due
- Tuesday, June 14 at 12:15 PM: Ice Cream Social, boars head pool deck

Dear Boars Head Families,

I hope everyone is having a wonderful Sunday evening. Tomorrow we start pre-season practices! I am super excited to get the season started and meet everyone tomorrow. Additionally, I have finalized the regular season schedule, and I appreciate everyone's input. Practices will begin with the 9-12 age group at 3:30. Below is the finalized schedule for both pre-season and the regular season:

Practice Schedules

**May 23 - June 10
(Pre-season)**

9-10s: 3:30 pm – 4:30 pm
 8 & U GREEN: 4:30 pm – 5:00 pm
 8 & U BLUE: 5:00 pm – 5:45 pm
 11-12s: 5:45 pm – 6:45 pm
 13 & Up: 6:30 pm – 7:30 pm

**June 6 - July 29
(AM Regular Season)**

13 & Up: 7:30 am – 9:00 am
 (dryland M-T-W-F) 9:00 am – 9:45 am
 8 & U BLUE: 9:00 am – 9:45 am
 8 & U GREEN: 9:45 am – 10:15 am
 11-12s: 10:15 am – 11:15 am
 9-10s: 11:15 am – 12:15 pm

**June 13 - July 28
(PM Regular Season)**

9-12s: 3:30 pm – 4:30 pm
 8 & U BLUE: 4:15 pm – 5:00 pm
 8 & U GREEN: 4:30 pm – 5:00 pm
 13 & Up: 5:00 pm – 6:00 pm

Note that for Regular Season the goal is to have morning workouts be the main focus. We understand that there are time conflicts that make the afternoons the best option for some families, so we will also run a main workout in the afternoon. In addition to running a main workout in the afternoon we will run technique-focused workouts. For 8 and unders, we will only run main workouts in the afternoon.

As of now the team website: <https://www.swimbhsc.com/volunteer.html> is updated and has current information on registration and practice times. Within the next week, it will have updated information on volunteering. Additionally, the website will have meet entries and results as we enter the regular season. Any information that is sent out in email will be available on the website along with an archive of every email from the season. Looking forward to seeing you all tomorrow afternoon.

Go Boarfish
 Noah