

Important Information:

- Team website: <https://www.swimbhsc.com/>. Please see the registration page for all necessary forms.
- Volunteer Sign Ups on the team website: <https://www.swimbhsc.com/volunteer.html>
- Updated practice schedule: <https://www.swimbhsc.com/practice-schedules.html>
  - This week will begin **regular season practice** time for both morning and afternoon practices

Important Dates:

- Tuesday, June 14 at 12:15 PM: Ice Cream Social, Boar's Head pool deck
- Wednesday, June 15 at 5:00 PM: First Meet @ FCC

Dear Boar's Head Families,

I want to preface this email with a heads-up that there is a lot of important information, so please take the time to read through the entirety of the email. Additionally, from here on out please send all emails to me at [nhargrove@boarsheadresort.com](mailto:nhargrove@boarsheadresort.com).

This week we have our first meet at Farmington Country Club (FCC)! I am excited to see our swimmers race for the first time this summer! I understand that meets may be stressful for some swimmers, but the goal should be to enjoy the meet while creating bonds and memories. The meet is unscored, and serves as an opportunity for swimmers to get times and run through a meet.

A tentative meet entry list is attached to this email. I would appreciate it if families could check over the entries. If your swimmer is not entered and you believe they should be, there are a few possible explanations:

- 1) I may have made a mistake. If this is the case, I apologize in advance. Please let me know by shooting me a quick email.
- 2) Your swimmer has not submitted the meet form and/or the JSL form. If this is the case, both forms can be found on the team website under registration here: <https://www.swimbhsc.com/registration.html>. Once you have submitted the necessary forms, please shoot me an email and I will enter your swimmer into the meet.
- 3) Your athlete is not able to complete an event in a legal and timely manner. This applies to all age groups. Over the past few weeks, the coaching staff have worked to help as many swimmers reach this threshold as possible, but not everyone is quite there yet. I want to emphasize that this is okay! If swimmers aren't ready for this first meet, we have seven more weeks and six more meets for swimmers to grow and develop.

If you have any questions or concerns about the entries, feel free to send me an email at [nhargrove@boarsheadresort.com](mailto:nhargrove@boarsheadresort.com). Finally, if your swimmer is not swimming in this meet, please check to make sure they are not entered! We do our best to reflect the meet form, but errors are inevitable.

On Tuesday, we will run “mock meets” during the 8&U blue and green morning practices. This will allow swimmers to practice going to clerk of course, lining up behind the blocks, and racing their peers. Swimmers in older age groups who are new to the team are welcome to come during the 8&U blue practice as well. 8&U and new swimmers who are not swimming in the FCC meet are still welcome to attend the mock meet! We will likely not run additional mock meets, so if you think meets may be in your swimmer’s future, the practice may be worth it. The mock meet will be low stress, designed to mimic a meet without adding pressure.

Regarding meets and the JSL as a whole, I know there are a lot of new families, and I am thrilled to have you joining us. To help familiarize our new families, Attached is information aimed at new families, put together by the JSL. The JSL Welcome Guide gives insight into how the summer will run and what you can expect:

<https://www.jsl.org/documents/bin/Current/JSLWelcome.pdf>.

For families that might be looking for a local swim store, Mrs. Ritter has informed me that Rivanna Gear has set up a “Just Swim” Pop Up Store at the BH-JSL Office on Dominion Drive in C’ville (behind the Home Goods/Staples/Aldi/DSW shopping center). They are open Wednesday and Sunday afternoons through the end of June. July hours will be announced in late June. They have jammers, briefs, goggles, and swim equipment like kickboards, fins, and caps in stock. You can also order gear online at:

<https://rivannagearapparel-container.zoeysite.com/equipment/swim>

As we progress through the week, please expect more information about the upcoming meet through both email and the team website. Finalized meet entries will be posted on the pool deck Tuesday morning and on the team website.

On Thursday morning, we will have game day! The 13 and up practice group will play water polo from 7:45 am to 9:00 am. Our 8 and under groups will have a combination of fun relays, jumps, and games played with the coaches. The 9-10s and 11-12s will play sharks and minnows with the coaches. We are working on setting up laser tag for the 13 and up practice group. Sign-ups will be available soon, so keep an eye out. There will be a slight cost to help pay for the laser tag. Team T-shirts, suits, and caps should be arriving shortly, and I will send out an email once everything has arrived.

I want to emphasize the importance of volunteering and how it helps our meet run smoothly. Sign up for volunteer positions at meets can be found on the team website or here:

<https://www.swimbhsc.com/volunteer.html>.

Go Boarfish!

Noah

Meet entries attached: