

Important information in this email:

- Volunteer Sign Ups on the team website: <https://www.swimbhsc.com/volunteer.html>
- Team Gear has arrived and can be picked up on deck
- Lost and Found on deck for any missing items

Important Dates:

- Wednesday, July 13th: BHSC @ FLST

Dear Boar's Head Families,

Holy cow! That is how I would sum up our meet with CGST. From the flexibility and willingness to help out as we dealt with weather, to the competitive racing and supportive nature of our swimmers, I was in awe. I cannot emphasize enough how impressed I was by our swimmers. With cloudy skies and a competitive meet, I saw smiles, laughing, and cheering one another on. During the evening we had a handful of records broken. The first was the 11-12 boys medley relay, broken by Beckett Ritter, Henry Smith, Eli Rutherford, and Peyton Skipper. The second record was the 13-14 girls medley relay, broken by Katie Shaps, Emerson Ritter, Eliza Osada, and Miller Grimes. Both relays broke the old records by over two seconds. Additionally, Eliza Osada broke her old 13-14 girls 50 backstroke records, and Teddy Cross broke the boys 15-18, 50 backstroke record held by Noah Hargrove. I also want to take a moment to thank the CGST meet director and coaching staff for working with us to help adjust to weather conditions and to thank our volunteers, both of which allowed the meet to run smoothly.

I will be sending out a second email either tonight or tomorrow with more information regarding laser tag for our older swimmers, an RSVP for the end-of-season banquet, team pictures purchases, and an additional team t-shirt available for purchase.

Wednesday's meet against Forest Lakes should be slightly shorter than our meet with FSBC. Since we should have more room for entries, I have tried to enter swimmers in new events that they can complete in a legal and timely manner. Since I will be entering swimmers into more events there will be several exhibition entries, which are noted by an "X" next to the entry. If your swimmer is not entered in the FLST meet (or a specific event) and you believe they should be, there are a few possible explanations:

- 1) I may have made a mistake. If this is the case, I apologize in advance. Please let me know by shooting me a quick email.
- 2) Your swimmer has not submitted the meet form and/or the JSL form. If this is the case, both forms can be found on the team website under registration here: <https://www.swimbhsc.com/registration.html>. Once you have submitted the necessary forms, please send me an email and I will enter your swimmer into the meet.
- 3) Your athlete is not able to complete an event in a legal and timely manner. This applies to all age groups. Over the past few weeks, the coaching staff have worked hard to help as many swimmers reach this threshold as possible, but not everyone is quite there yet. I want to emphasize that this is okay! If swimmers aren't ready for this meet, we have plenty of time for swimmers to grow and develop.
- 4) We have a limited number of entries for each event (excluding freestyle and 8&U backstroke). Exhibition entries are used to try to get as many swimmers into events as possible, but exhibition entries are not guaranteed swims.

I have attached tentative entries for our meet this week, along with time results from our meet with CGST.

I have received all of our team suits and team gear ordered from our vendor. Team gear and ribbons can be picked up on the BHSC pool deck during any practice time. Please plan on picking up team gear soon. We have also accumulated a substantial lost and found, so if you or your swimmer are missing something please stop by and ask a coach to see if we have it. Please let me know if you have any questions or concerns.

Go Boarfish!

Noah