

2019 BOARFISH SWIM TEAM

Head Coach: Dan Bledsoe

CoachDanBledsoe@gmail.com

Team Eligibility and Registration:

Swim team registration is open to Boar's Head Sports Club members ages 5 – 18 (age as of 6/1/2019).

The team fee is \$215 for the first child in a family, and \$185 for each additional child. Paper registration forms will be available at the Sports Club reception desk starting April 15th. Fees will be billed to member accounts in June. Team registration will include 10 weeks of practices, 7 meets, a latex team cap, a team t-shirt, and multiple gatherings for swimmers and their families.

Evaluation Period for 8 and Unders: May 14th, 15th, & 16th

In order to maintain safe and fun practices, swimmers new to the team aged 8 and under will be evaluated before the season begins. Swimmers tend to make rapid improvements on the team, but the swim team cannot replace beginner swim lessons for those swimmers not yet ready to participate in full practices.

Each 8 and under swimmer that is new to the team will have a short (10 minute) evaluation in the water with the coaches to determine which practice group best fits the swimmer's level. Coaches will assess each swimmer's comfort in the pool and experience with competitive strokes, which will allow swimmers to be assigned to the practice that provides the appropriate level of challenge. For more detailed information regarding the **GREEN** and **BLUE** groups, please feel free to contact Coach Dan.

A signup list will be distributed in early May to select time slots for the evaluations, which will be held after school hours.

Team Meeting: May 7th

A team parent meeting will be held May 7th, starting at approximately 5:00pm. In addition, BHSC's team swimsuit vendor will be at Boar's Head for suit sizing and ordering from 4:00pm – 7:00pm on both **May 1st** and **May 7th**. (Virginia Swim Shop, 804-754-3402)



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Practice Schedule:

Starting June 3rd, the primary practice for each day takes place in the morning. The afternoon practices are designed to supplement morning practices, and will focus on stroke technique, starts, and turns. To optimize pool space, and to provide the best coached practices possible, the afternoon 8 & under GREEN practice will require registration, as space will be limited.

May 20 th – June 7 th	June 3 rd – July 25 th (AM Practices)	June 10 th – July 25 th (PM Practices)
8 & U GREEN: 4:30 pm – 5:00 pm	8 & U GREEN: 9:45 am – 10:15 am	8 & U BLUE: 4:00 pm – 4:45 pm
8 & U BLUE: 5:00 pm – 5:45 pm	8 & U BLUE: 9:00 am – 9:45 am	9-10s: 4:00 pm – 5:00 pm
9-10s: 3:45 pm – 4:45 pm	9-10s: 10:15 am – 11:15 am	11-12s: 5:00 pm – 6:00 pm
11-12s: 5:45 pm – 6:45 pm	11-12s: 11:15 am – 12:15 pm	13 & Up: 5:00 pm – 6:00 pm
13 & Up: 6:30 pm – 7:30 pm	13 & Up: 7:30 am – 9:00 am	

Meet Schedule:

Wednesday, 6/12/19 FCC @ BHSC
 Wednesday, 6/19/19 FLST @ BHSC
 Wednesday, 6/26/19 BHSC @ FSBC
 Wednesday, 7/03/19 BHSC @ CGST
 Wednesday, 7/10/19 BHSC @ FV
 Wednesday, 7/17/19 ACAC @ BHSC
 JSL Championships at UVA's Aquatic & Fitness Center (July 26th – 27th)

Special Events: *fees apply

<i>Ice Cream Social</i>	Tuesday, June 11 th
<i>Bowling at Kegler's Lanes *</i>	Thursday, June 13 th
<i>Pre-JSL Champs Cookout and Pool Party</i>	Monday, July 22 nd
<i>Swim Team Awards Banquet</i>	Sunday, July 28 th

200 Wellington Drive
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www.BoarsHeadResort.com/Sportsclub